

# Babysitting guidelines

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## 1. Key information for parents

In case of emergency parents need to provide two contact details (address, phone number).

Contacting the babysitter by phone can be reassuring for both, the parents and the babysitter – especially in the evenings and at the beginning of a new babysitter-parent relationship.

The babysitter should be informed about the approximate duration of the parent's absence.

It is beneficial for all parties if the parents stay somewhere nearby for the first babysitter job. Do not leave your children and the babysitter to their fate at their first encounter.

It is advisable to provide the babysitter as much information about the children's habit as possible.

In order to avoid unnecessary rummage, provide the babysitter with enough diapers, clothes for changing as well as baby food or ingredients to prepare food.

Show or inform the babysitter about the nearby playgrounds and walking paths where your children are allowed to play.

After their duty in the evenings, teenagers **have to be escorted** home. Adults as well, if requested.



## 2. Salary (reference price)

For teenager up to the age of 16 years the reference price is approx. CHF 20.00.to 25.00 per hour, for adults approx. CHF 35.00 per hour. If the babysitter job is in the evening/night a slight increase is not unusual (upon arrangements).

Additional services (dinner, use of TV...) are entirely at the discretion of the client.

### 3. Adults - Child carer

- **Aemisegger, Veronica**  
Werkhof 1, 7050 Arosa  
Phone: +41 81 377 47 50 / Mobile: +41 79 316 23 35 / Mobile: +41 79 327 90 40  
Daily and nightly assignments  
Languages: German, English, Italian
- **Hofer, Marina**  
Werkhof 2, 7050 Arosa  
Mobile: +41 79 581 57 22 / Mail: [marinahofer0596@gmail.com](mailto:marinahofer0596@gmail.com)  
Daily and nightly assignments upon arrangements  
Languages: German, English, Italian
- **Willi, Trudi**  
Mühlebodastrasse 2, 7050 Arosa  
T +41 79 727 59 85 / [trudi.willi11@gmail.com](mailto:trudi.willi11@gmail.com)  
Languages: German, English, Italian, French  
Winter: Daily from 17.00 assignments upon arrangements  
Sommer: Daily and nightly assignments upon arrangements

### 4. Teenager & Students – Babysitter

- **Bonjour, Lisa** (year of birth 1998)  
Mobile: +41 78 752 77 33 / Mail: [lisa.bonjour@hotmail.com](mailto:lisa.bonjour@hotmail.com)  
Daily and nightly assignments upon arrangements  
Languages: German, English, a little Italian  
Experience: Children's ski school teacher
- **Schmid, Silja** (Jahrgang 2003)  
Mobile: +41 79 366 87 43 / Mail: [siljaschmid@bluewin.ch](mailto:siljaschmid@bluewin.ch)  
Assignments upon arrangements  
Languages: German, English, Italian
- **Ferreira Rego, Lara** (year of birth 2005)  
Holzmeisastrasse 1, 7050 Arosa  
Mobile +41 76 597 08 98 / Mail: [laraferreirarego@gmail.com](mailto:laraferreirarego@gmail.com)  
Assignments upon arrangements  
Languages: German, Portuguese



## 5. Available equipment for babies & children

Available equipment	Supplier	Contact
baby bed changing mat "Tripp-Trapp" chairs toys baby dishes baby tub	Christa Zwicky	Phone + 41 44 830 30 05 <a href="mailto:info@zwickmuehli.ch">info@zwickmuehli.ch</a>
baby bed (cots) bed linen high chairs toys sledge with back rest baby books	Helen & Mike Onions	Phone + 41 81 356 52 57 Cell + 41 79 833 36 08 <a href="mailto:info@snowypockets.com">info@snowypockets.com</a>
Child Carrier	Sprecher Sport, Innerarosa	Phone +41 81 377 12 07 <a href="mailto:info@sprechersport.ch">info@sprechersport.ch</a>

For further information and terms and conditions please contact directly the suppliers.

Arosa Tourismus wishes you a pleasant time in Arosa.